

Wanda E. Brunstetter

Lose Your Heart in the Amish Life.

New York Times best-selling author.

### Discussion Questions for *The Journey*

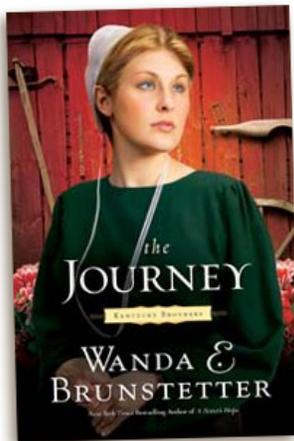
1. Titus suffered from a lack of confidence. What are some reasons a person may lack confidence, and what are some ways he or she can overcome it?
2. What are some things we can do to help a friend or relative who has a lack of confidence?
3. Titus left home because his girlfriend broke up with him, and also because he felt he needed to prove himself to his family. Is there ever a time when it's necessary for a person to leave home in order to recover from a broken relationship or to prove themselves?
4. Titus felt inferior to his twin brother, who always seemed to know what he wanted and was able to do everything right. What can a parent do to help their children feel equally important within the family? How can an adult child overcome a feeling of inferiority and stop comparing himself to his siblings?
5. Suzanne also felt inferior and lacked self-confidence when it came to cooking. One of the reasons for this was because her mother was too impatient and made Suzanne feel as if she was incapable. What are some ways a mother can help her daughter become self-sufficient in the kitchen?
6. Titus's mother, Fannie, had a difficult time adjusting to the idea of Titus leaving home. How can a grown child who leaves home make it easier for his or her parents to accept and deal with his absence?
7. What are some ways a parent can let their grown children know they are accepting of their decision to move away?
8. Suzanne wanted to work in her grandfather's woodshop, but a woman working with wood was looked down upon by her family. Why do you think they were opposed to her working in the shop? Do you think some jobs are more suited to men than women? Should a woman be allowed to do a job that a man might normally do?

9. Phoebe was rebellious and didn't want to settle down to marriage or to joining the church. What are some reasons some young people are more rebellious than others? What are some ways parents can deal with their children's rebellion?

10. How do you feel about the Amish allowing their children to run around and try out the English world? Do you feel it helps the child make a more mature decision about whether they want to join the Amish church?

11. After reading this book, was there anything new you learned about the Amish way of life?

12. What spiritual lessons did you learn from reading *The Journey*?



Wanda Brunstetter is an award-winning romance novelist who has led millions of readers to lose their heart in the Amish life. She is the author of almost 50 books with more than 5 million copies sold. Many of her books have landed on the top bestseller lists, including the *New York Times*, *Publisher's Weekly*, *CBA*, *ECPA*, and *CBD*. Wanda is considered one of the founders of the Amish fiction genre, and her work has been covered by national publications, including *Time Magazine* and *USA Today*.

For more information, visit [www.WandaBrunstetter.com](http://www.WandaBrunstetter.com)

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